

Revision: HCFA-PM-93-1 (BPD)
January 1993

ATTACHMENT 4.39
Page 1

STATE PLAN UNDER TITLE XIX OF THE SOCIAL SECURITY ACT

State/Territory: Vermont

DEFINITION OF SPECIALIZED SERVICES

For persons with mental illness, specialized services must be provided in 24 hour inpatient psychiatric units. Services would typically include individual, family and group therapy, medication management, activities and milieu therapy, as well as all other services provided in a hospital setting.

Services are provided by an interdisciplinary team including: psychiatrists, nursing staff, social workers, psychologists, activities therapists, etc.

For persons with mental retardation or related conditions, specialized services are those services that are needed to address an individual's specific needs when they:

- are related to his/her mental retardation/developmental delay and;
- require ongoing intensive intervention by trained Mental Retardation staff and/or;
- are beyond the scope of services which are required of nursing facilities, particularly when they are not "practicable" due to their intensity.

TN No. 93-7 **JUN 17 1993**
Supersedes _____ Approval Date _____ Effective Date 1/29/93
TN No. None